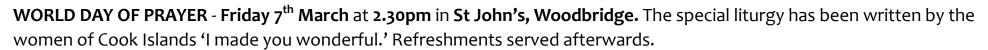
ASH WEDNESDAY – 5th March - marks the beginning of our Lenten journey as a United Benefice in 2025.

There will be a Sung Benefice Eucharist at **Woodbridge** at **7.30pm**, including the Imposition of Ashes, for the start of this Penitential Season, and some beautiful, reflective music.

HOUSE GROUPS – Please choose one of the following days/times to suit you, to share thoughts and learning from our LENT COURSE (I believe). Location of group will be advised when you 'sign up':

- Mondays 10.30am from 10th March to 7th April
- Wednesdays 3pm from 12th March to 9th April
- Thursdays 7pm from 13th March to 10th April



'LENTEN' MESSY CHURCH – for children and their parents/carers is on Saturday 29th March from 2pm to 4pm in the hall at St Mary's House. Includes tea, cake, and games.



OUR LENTEN CHARITY this year, for both our churches and every age group, is for Tear Fund's 'toilet twinning' campaign. Please save up your home 'collection' - to be returned on Easter Sunday.

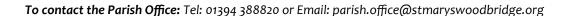
STATIONS OF THE CROSS - This is a thoughtful 'Prayer Walk' around St Mary's Church to understand more how Christ's suffering relates to the suffering in our world today, and how our prayers help us to focus on the 'Via Dolorosa':

- Friday 14th March 6pm to 6.45pm
- Friday 28th March 6pm to 6.45pm
- Friday 11th April 6pm to 6.45pm

SUNG COMPLINE on Thursday 20th March (St Cuthbert) at 7.30pm with St Mary's Church Choir. All welcome.

LENTEN CONCERTS at St Mary's, Woodbridge

- Nota Bene Chamber Choir on **Sunday 16th March** at **3pm** 'A Renaissance Journey'
- Woodbridge Choral Society on Saturday 29th March at 7.30pm 'Petite Missa Solenelle' (Rossini)



ONLINE LENT COURSE organised by St Edmundsbury Cathedral on Wednesdays at 7pm, from 12th March through to 9th April entitled "Unforgivable? Exploring the Limits of Forgiveness," book by the Dean of King's College, Dr Stephen Cherry (Bloomsbury) – with guest experts in their subjects. What does it mean in different situations / contexts, including slavery, war, infidelity, and religion? Just £10 for this course. To book visit https://stedscathedral.org/events/online-lent-course-unforgivable/

ECUMENICAL LENT LUNCHES at St Mary's House

- Friday 14th March
- Friday 21st March
- Friday 28th March
- Friday 4th April

in aid of Tear Fund's 'toilet twinning' campaign. 12.30 to 2pm. All welcome.

SUNDAY SERMONS IN LENT will draw on 'Living Hope' themes:

- 1. Hope in the Wilderness
- 2. Hope on the Water
- 3. Hope at the Last Supper
- 4. Hope at the Cross
- 5. Hope at the Tomb

LENT PRAYERS

As we walk,
God, be our way.
As we learn,
God, be our truth.
As we grow
God, be our life.
We pray in Jesus' name.

AMEN

God our Father, thank you that you invite
your Church to be part of the hope you
bring to the world. When we find
ourselves in need of hope, help us to reach
out to others.

And please show us how we can be hopebearers in our families, workplaces and communities.

AMEN



OUR BENEFICE LENT JOURNEY 2025



www.stmaryswoodbridge.org

