

ASH WEDNESDAY – 5th March - marks the beginning of our Lenten journey as a United Benefice in 2025.

There will be a Sung Benefice Eucharist at **Woodbridge** at **7.30pm**, including the Imposition of Ashes, for the start of this Penitential Season, and some beautiful, reflective music.



HOUSE GROUPS – Please choose one of the following days/times to suit you, to share thoughts and learning from our LENT COURSE (I believe). Location of group will be advised when you ‘sign up’ :



- **Mondays 10.30am** from **10th March** to **7th April**
- **Wednesdays 3pm** from **12th March** to **9th April**
- **Thursdays 7pm** from **13th March** to **10th April**

WORLD DAY OF PRAYER - Friday 7th March at **2.30pm** in **St John’s, Woodbridge**. The special liturgy has been written by the women of Cook Islands ‘I made you wonderful.’ Refreshments served afterwards.

‘LENTEN’ MESSY CHURCH – for children and their parents/carers is on **Saturday 29th March** from **2pm to 4pm** in the hall at **St Mary’s House**. Includes tea, cake, and games.



OUR LENTEN CHARITY this year, for both our churches and every age group, is for Tear Fund’s ‘toilet twinning’ campaign. Please save up your home ‘collection’ - to be returned on Easter Sunday.

STATIONS OF THE CROSS - This is a thoughtful ‘Prayer Walk’ around St Mary’s Church to understand more how Christ’s suffering relates to the suffering in our world today, and how our prayers help us to focus on the ‘Via Dolorosa’:

- **Friday 14th March 6pm to 6.45pm**
- **Friday 28th March 6pm to 6.45pm**
- **Friday 11th April 6pm to 6.45pm**

SUNG COMPLINE on **Thursday 20th March** (St Cuthbert) at **7.30pm** with St Mary’s Church Choir. All welcome.

LENTEN CONCERTS at **St Mary’s, Woodbridge**

- Nota Bene Chamber Choir on **Sunday 16th March** at **3pm** - ‘A Renaissance Journey’
- Woodbridge Choral Society on **Saturday 29th March** at **7.30pm** - ‘Petite Missa Solenelle’ (Rossini)

ONLINE LENT COURSE organised by St Edmundsbury Cathedral on **Wednesdays at 7pm, from 12th March through to 9th April** entitled “Unforgivable? Exploring the Limits of Forgiveness,” book by the Dean of King’s College, Dr Stephen Cherry (Bloomsbury) – with guest experts in their subjects. What does it mean in different situations / contexts, including slavery, war, infidelity, and religion? Just £10 for this course. To book visit <https://stedscathedral.org/events/online-lent-course-unforgivable/>

ECUMENICAL LENT LUNCHES
at St Mary’s House

- Friday 14th March
- Friday 21st March
- Friday 28th March
- Friday 4th April

in aid of Tear Fund’s ‘toilet twinning’ campaign. **12.30 to 2pm**. All welcome.

SUNDAY SERMONS IN LENT will draw on ‘Living Hope’ themes:

1. Hope in the Wilderness
2. Hope on the Water
3. Hope at the Last Supper
4. Hope at the Cross
5. Hope at the Tomb

LENT PRAYERS

As we walk,
God, be our way.

As we learn,
God, be our truth.

As we grow
God, be our life.

We pray in Jesus’ name.

AMEN

God our Father, thank you that you invite your Church to be part of the hope you bring to the world. When we find ourselves in need of hope, help us to reach out to others.

And please show us how we can be hope-bearers in our families, workplaces and communities.

AMEN



OUR BENEFICE

LENT JOURNEY

2025

LIVING

HOPE

www.stmaryswoodbridge.org

